



LESSON 3

PREPARING YOUR FORMULATION WORKSPACE





LESSON 3

HOW TO PREPARE YOUR FORMULATION WORKSPACE

Let's get started with the fun exercise of creating your own formulation lab at home! Everyone can formulate and it's so inspiring to create your own botanical formulation space, where you can be surrounded by herbs, seeds, oils, and fun equipment. Our students love retreating into their formulation lab, however big or small. They tell us they feel peaceful and grounded when they're in their own space – and we want this for you too!

! *Your task is to fill in the blanks as you follow along with the episode and then start to think about where you could set up a small formulation lab in your home.*

Once you've created your own formulation space, remember to tag us on Instagram **@formulabotanica** to show us!

Step	Activity (and any notes)
1	
2	
3	
4	
5	

LESSON 3 QUIZ SCORE

My Lesson 3 Quiz Score: I scored out of 5.

FORMULA BOTANICA
FREE FOUNDATION FORMULATION COURSE: LESSON 3




YOUR FORMULATION INSPIRATION

Formula Botanica has thousands of graduates across the world, and we are so proud of all of them. They create beautiful formulations that are loved by their customers, receive rave reviews and have been given awards.

It can feel daunting in the beginning as you contemplate setting up a small formulation lab at home, so to inspire you we want to share three of our talented graduates who once stood in your shoes and now run successful beauty brands.


Okoko Cosmétiques,
Canada

 @okokocosmetiques



Oyeta initially started formulating at home before she hired staff and moved into her own Okoko headquarters. She even opened her first retail outlet during 2020!


BYBI, UK

 @bybibeauty



Elsie & Dominika started their stunning global brand from their own homes and used to cycle orders to customers around London in the early days.

Nopalera, USA

 @nopalera.co



Sandra spent the first months of her business formulating from home before she had to move into commercial premises to keep up with demand.

 @FORMULABOTANICA #FORMULABOTANICA

The background is a solid green color with a faint, stylized pattern of overlapping lines and shapes that resemble a plant or a network of fibers. The pattern is centered and extends towards the bottom of the frame.

**FORMULATION
IS EMPOWERING**