FORMULA BOTANICA

MY FIRST FORMULATION:
LOTION BAR

Original formulation

Ingredient	Weight (grams)
Cocoa butter	90g
Avocado oil	8.5g
Vitamin E	1g
Rose geranium essential oil	0.5g
Total	**100g**

Method of Manufacture:

1. Prep your space by setting up a water bath to heat up and ensure all of your surfaces and equipment are clean and dry.
2. Weigh out the 90g of cocoa butter and 8.5g of avocado oil into a large glass beaker.
3. Add your beaker of ingredients to the water bath and stir gently with a glass rod until the cocoa butter has fully melted.
4. Once your ingredients have fully melted, remove the beaker from the water bath and turn off the heat.
5. Allow the blend to cool to below 40 °C before adding your heat sensitive ingredients. Optionally, you can speed up the process if needed by using a bowl of cold water to help the blend cool down quicker.
6. Weigh in 1g of vitamin E using a small pipette and stir the blend together. Then, weigh in 0.5g rose geranium essential oil using a glass pipette or a dropper attachment.
7. Stir the blend to make sure that the texture is even and the ingredients are fully combined. The blend should still be liquid enough to pour.
8. Pour the blend into your mould of choice. If the blend is too solid to move, then you can briefly place it back in the warm water bath to allow it to melt slightly.
9. Allow the lotion bar to cool until set firm. If your bar does not set at room temperature then you can place it in the fridge for an hour or two or overnight until it is solid.
10. Once the lotion bar has set firm, you can remove it from the mould and package it in a tin or greaseproof paper. Use your bar on dry or towel dried, damp skin and let your body heat melt the butter, creating a silky oil that can be massaged into the skin.

❗ ***Don't forget to tag us with #formulabotanica when you share your beautiful lotion bar photos online!***

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